

PSHE/C and RHE AT GLYNWOOD

PSHE/C at Glynwood (Aligned with Pol-Ed Scheme)

- PSHE/C at Glynwood follows a structured, progressive programme based on the Oak National Academy scheme of work. EY uses Birth to 5 to support its teaching of PSHE/C.
- Learning is organised into clearly sequenced units for each year group, ensuring age-appropriate coverage of key themes Wellbeing, Relationships, Online Safety, Community and Growing Up. Units are delivered across the academic year on a weekly basis delivered by class teacher.
- Lessons are taught through a variety of engaging approaches including timetabled PSHE sessions, circle time, and discussion-based learning. PSHE themes are further reinforced through assemblies, class texts, and cross-curricular links. Additional support is provided through nurture groups and targeted 1:1 sessions led by class staff and Victoria Birkbeck
- The Oak National Academy supports the development of pupils' knowledge, skills, and attitudes through exploration of topics such as online safety, diversity, mental health, and personal safety. This is enhanced at Glynwood through participation in national and local awareness events, including World Mental Health Day, Anti-Bullying Week, and Odd Socks Day, alongside regular whole-school fundraising initiatives.
- Enrichment opportunities are a key feature of PSHE/C. Visitors and external organisations contribute to learning experiences, supporting topics such as health, safety, diversity, and personal development. These include professionals such as safety trainers and community representatives, ensuring pupils receive up-to-date and relevant information.
- The curriculum is further enriched through practical experiences such as well-being walks in Early Years, local visits, and participation in sporting events. Upper Key Stage 2 pupils also benefit from residential trips, which support personal development, independence, and teamwork - key aspects of the Oak National Academy programme.
- Opportunities for pupil voice are embedded within PSHE/C through the School Council, enabling children to contribute to decision-making and develop an understanding of democracy and active citizenship.
- Pupils' work and key messages from PSHE/C are displayed around school, promoting awareness and celebrating learning outcomes linked to the Oak Academy themes.
- Glynwood continues to work closely with the Gateshead Schools Health and Well-being Programme and currently holds the GSHW Silver Award, reflecting its commitment to supporting pupils' physical and emotional wellbeing in line with best practice.

PSHE/C SCHEME

- Glynwood uses the Oak National Academy scheme across all year groups in KS1 & KS2. Birth to 5 is used in EY.
- Glynwood's chosen PSHE/C scheme provide teachers with an overview of units, key questions and activity ideas.
- Drawing upon the progressive structure of the Oak National Academy PSHE/C and RHE curriculum, pupils learn how to:
 - Understand and manage their emotions.
 - Build positive relationships.
 - Keep themselves physically and mentally healthy.
 - Stay safe, including online.
 - Respect diversity and challenge discrimination.
 - Understand their rights and responsibilities.
 - Prepare for adulthood and life in modern Britain.

The curriculum reflects statutory requirements for Relationships Education, Health Education and safeguarding while supporting pupils' personal development.

- Teachers follow the PSHE/C Overview for each unit and teach the knowledge and skills required, but have the flexibility to adapt lessons to the needs of the children.
- Portfolios are used throughout the year to showcase activities, children's work and visitors into school. These are proudly displayed in classrooms and added to on a regular basis.

ASSESSMENT

- Staff assess the children's learning by making informal judgements as they observe them during lessons.
- Pre-topic and Post-topic thought showers are carried out by the children at the beginning and end of each half term. This method of assessment is used to reflect performance outcomes against starting points. These thought showers are on display in every classroom. As well as asking key questions, staff ask the children what they would like to learn. By doing this we are giving the children a voice and following their interests.
- There is a framework of skills, knowledge and vocabulary to support assessment of pupil progress across Early Years, Key Stage 1 and Key Stage 2.
- Year groups keep record of their contribution to the life of our school and community through photographs displayed in class PSHE/C portfolios and displays around school.
- Certificates are given out at achievement assembly each week to celebrate personal achievements and positive attitudes to learning.
- Pupils are requested to share outstanding pieces of work with members of the SLT.
- A PSHE/C pupil's progress comment is included in the annual report, sent home to parents/carers.

RESOURCES

- Oak National Academy scheme of work and resources/ Pol-Ed scheme for assemblies.
- CBBC's Newsround
- Various visitors come in to school throughout the school year.
- Gateshead Schools Health and Wellbeing Team